

Datum: 23.08.2013
 Ort: Crosstest
 Zeitnahme: Marie Michael, Robert Kloß
 Wetter: bewölkt 16°

Name	AK	Zeit 1	Zeit2	Gesamt	Bestzeit (bisher) 1,6 /2,5km	Bestzeit (bisher) 5km
1,6km						
Dsaak, Nico	männl. AK 10	00:08:44			08:35, 26.10.2012 - ()	
Otto, Florian	männl. AK 10	00:08:55			08:56, 26.10.2012 - ()	
Otto, Carolin	weibl. AK 8	00:10:15			09:24, 31.08.2012 - ()	
Hauswald, Lucy	weibl. AK 10	00:10:24			10:59, 31.08.2012 - ()	
2,5km						
Reichelt, Arvid	männl. AK 12	00:10:47			10:58, 26.10.2012 - ()	
Lippisch, Moritz	männl. AK 15	00:11:37			11:10, 26.10.2012 - ()	
Dörner, Matti	männl. AK 11	00:11:41			11:16, 26.10.2012 - ()	
Heidrich-Meisner, Karl	männl. AK 15	00:11:44			11:05, 31.08.2012 - ()	
Zahn, Max	männl. AK 15	00:11:46			11:48, 26.10.2012 - ()	
Schäfer, Leon	männl. AK 12	00:11:47			12:22, 26.10.2012 - ()	
Rechenberger, Elisabeth	weibl. AK 15	00:11:54			11:54, 26.10.2012 - ()	
Ziegengeist, Johann	männl. AK 13	00:11:55			11:38, 26.10.2012 - ()	
Bilz, Lorenz	männl. AK 12	00:12:22			11:22, 26.10.2012 - ()	
Neises, Sarah	weibl. AK 15	00:12:29			12:04, 26.10.2012 - ()	
Rombock, Lotta	weibl. AK 13	00:12:33			12:26, 26.10.2012 - ()	
Linne, Charlotte	weibl. AK 15	00:12:38			11:51, 26.10.2012 - ()	
Neises, Marleen	weibl. AK 12	00:13:27			14:11, 26.10.2012 - ()	
Durdel, Marcel	männl. AK 12	00:13:48			12:48, 31.08.2012 - ()	
Dietze, Lisa	weibl. AK 10	00:13:54			, - ()	
5km						
Schulze, Francis	Junioren	00:10:16	00:10:40	00:20:56	09:46, 26.10.2012 - ()	19:43, 26.10.2012 - ()
Rombock, Jette	weibl. AK 17	00:11:49	00:12:59	00:24:48	11:15, 07.08.2009 - ()	24:21, 31.08.2012 - ()

Duathlon 2013

Datum: 21.08.2013

Zeitnahm Marie Michael, Robert Kloß, Patrick Langer

Wetter: trocken, 18°C

Ort: Anstieg von Senke vor Kieler S bis zur Rollerrunde/ und Schneise vom Kiel wieder Runter (2,2km / 0,8km) --> Schuhwechsel --> Rollerrunde

Name	AK	Anstieg 1 (KS / KS+)	Anstieg 2 (KS / KS+)	Anstieg 3 (KS / KS+)	Bestzeit (bisher)	Wechsel 1	Wechsel 2	Wechsel 3	Roller 1 (800m / 2,2km)	Roller 2 (800m / 2,2km)	Roller 3 (800m / 2,2km)	Bestzeit (bisher) 800m / 2,2km	Gesamtzeit 1 (800m / 2,2km)	Gesamtzeit 2 (800m / 2,2km)	Gesamtzeit 3 (800m / 2,2km)	Bestzeit (bisher) 800m / 2,2km
Bilz, Lorenz	männl. AK 12	03:36	03:53	02:40	, - ()	01:14	01:01	00:43	07:49	07:44	03:09	08:25, 24.10.2012 - (DMS - FT) , - () 03:18, 24.10.2012 - (DMS - CL)	12:39	12:38	06:32	, - ()
Dietze, Lisa	weibl. AK 10	04:21	04:32	02:36	02:24, 29.08.2012 - ()	02:38	02:08	01:43	04:53	05:07	04:56	05:16, 19.08.2011 - (DMS - CL)	11:52	11:47	09:15	, - ()
Dörner, Matti	männl. AK 11	03:46	03:49	02:21	02:00, 24.10.2012 - ()	02:03	01:41	01:36	03:57	03:57	03:48	04:03, 24.10.2012 - (DMS - CL)	09:46	09:27	07:45	, - ()
Dsaak, Nico	männl. AK 10	02:06	02:11	02:12	02:32, 24.10.2012 - ()	01:21	01:31	01:20	04:47	04:40	04:18	, - ()	08:14	08:22	07:50	, - ()
Durdel, Marcel	männl. AK 12	04:34	04:33	03:02	02:34, 29.08.2012 - ()	01:48	01:35	00:53	10:06	10:09	03:33	, - () , - () 04:23, 29.08.2012 - (DMS - CL)	16:28	16:17	07:28	, - ()
Hauswald, Lucy	weibl. AK 10	03:06	03:05	03:04	03:04, 29.08.2012 - ()	01:56	01:31	01:22	06:55	05:48	05:32	, - ()	11:57	10:24	09:58	, - ()
Heidrich-Meisner, Karl	männl. AK 15	04:09	04:21	04:03	, - ()	01:08	01:13	00:57	08:00	08:13	08:07	08:00, 29.08.2012 - (DMS - CL) 09:20, 29.07.2010 - (DMS - FT)	13:17	13:47	13:07	, - ()
Langer, Patrick	Herren 21	02:31	02:34	02:32	, - ()											, - ()
Linne, Charlotte	weibl. AK 15	04:50	04:39	04:28	, - ()	00:49			08:29			08:00, 29.08.2012 - (DMS - CL)	14:08			, - ()
Lippisch, Moritz	männl. AK 15	03:13	03:16	03:18	, - ()	01:40	01:32	01:16	09:08	08:01	07:29	09:09, 24.10.2012 - (DMS - CL) 09:05, 24.10.2012 - (DMS - FT) 10:08, 24.10.2012 - (DMS - FT)	14:01	12:49	12:03	, - ()
Neises, Marleen	weibl. AK 12	04:28	04:27	03:04	02:33, 24.10.2012 - ()	00:58	00:52	00:24	09:14	09:40	03:22	, - () 03:33, 24.10.2012 - (DMS - CL)	14:40	14:59	06:50	, - ()
Neises, Sarah	weibl. AK 15	03:50	04:01	04:02	, - ()	00:56	00:47	00:25	08:37	08:41	08:40	07:47, 18.08.2011 - (DMS - CL) , - ()	13:23	13:29	13:07	, - ()
Otto, Carolin	weibl. AK 8	02:43	02:35	02:46	02:20, 29.08.2012 - ()	01:32	01:19	01:13	04:56	04:48	04:39	, - ()	09:11	08:42	08:38	, - ()
Otto, Florian	männl. AK 10	02:34	02:30	02:40	02:31, 29.08.2012 - ()	01:42	01:49	01:51	04:50	04:30	04:27	, - ()	09:06	08:49	08:58	, - ()
Rechenberger, Elisabeth	weibl. AK 15	03:51	03:57	03:58	, - ()	00:53	01:01	01:06	07:50	07:39	07:38	07:49, 18.08.2011 - (DMS - CL) 08:20, 24.10.2012 - (DMS - FT)	12:34	12:37	12:42	
Reichelt, Arvid	männl. AK 12	03:29	03:40	02:24	02:04, 29.08.2012 - ()	01:05	00:50	00:47	07:52	07:58	03:06	08:36, 24.10.2012 - (DMS - FT) 03:09, 21.08.2013 - (DMS - CL)	12:26	12:28	06:17	, - ()
Rombock, Jette	weibl. AK 17	03:48	04:01	03:38	, - ()	01:01	00:59	00:58	07:53	08:01	08:21	08:45, 21.08.2013 - (DMS - CL) 07:36, 29.08.2012 - (DMS - FT)	12:42	13:01	12:57	
Rombock, Lotta	weibl. AK 13	03:59	04:05	02:40	02:16, 24.10.2012 - ()	01:18	00:51	01:07	08:45	09:08	03:22	, - () 09:36, 24.10.2012 - (DMS - FT) 03:34, 24.10.2012 - (DMS - CL)	14:02	14:04	07:09	, - ()
Schäfer, Leon	männl. AK 12	03:59	04:01	02:37	02:33, 24.10.2012 - ()	01:23	01:08	01:45	03:30	03:47	03:31	, - ()	08:52	08:56	07:53	, - ()
Schulze, Francis	Junioren	03:08	03:23	03:21	, - ()	01:19	00:51	00:45	07:05	06:19	06:18	06:56, 29.08.2012 - (DMS - CL) 06:10, 24.10.2012 - (DMS - FT)	11:32	10:33	10:24	, - ()
Zahn, Max	männl. AK 15	03:43	03:37	03:32	, - ()	01:09	00:57	01:03	03:49	03:59	03:49	05:00, 24.10.2012 - (DMS - CL)	08:41	08:33	08:24	, - ()
Ziegegeist, Johann	männl. AK 13	03:47	03:56	02:30	02:13, 29.08.2012 - ()	01:04	00:50	00:56	08:08	08:04	03:22	, - () 09:23, 24.10.2012 - (DMS - FT) 03:22, 29.08.2012 - (DMS - CL)	12:59	12:50	06:48	, - ()